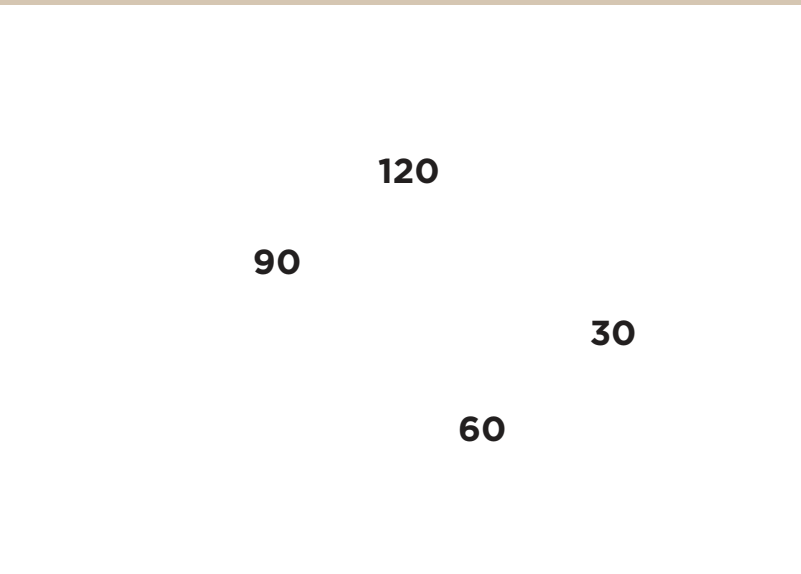


2026 GERIATRICS UPDATES

Living in Health and Harmony



**30th Annual Geriatrics
Medicine Highlights**

**10th Annual Cognitive Impairment
and Memory Disorders Update**

October 1-3
**UAMS Donald W. Reynolds
Institute on Aging**
Jo Ellen Ford Auditorium
629 Jack Stephens Drive
Little Rock, Arkansas 72205

HYBRID CONFERENCE COURSE MATERIALS



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GENERAL INFORMATION

CONTINUING EDUCATION

To claim your credits:

1. Attend all sessions for which you would like to receive credit.
2. Attest your attendance for the conference on the online evaluation. See the Evaluation section below to learn how to access and complete the online evaluation.
3. Select the sessions of the conference that you attended.
4. Complete the Evaluation



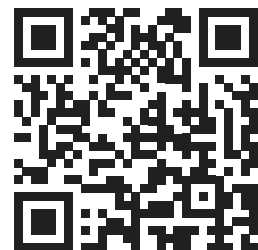
EVALUATIONS

Scan the code to complete the credit claim/evaluation or visit surveymonkey.com/r/GU_2026

Please complete the evaluation as soon as possible because you will not be able to claim credit after it closes.

The evaluation will close at midnight on 10/25/26.

A certificate will be emailed to the address provided in the credit claim within 60 days of the activity date.



PROGRAM BOOKLET

The UAMS 2026 Geriatrics Updates program booklet may be downloaded by scanning the code or by visiting aging.UAMS.edu/2026-geriatrics-updates



AGENDA

THURSDAY, OCTOBER 1, 2026

Start Time	End Time	Presentation	Presenter(s)
7:45 a.m.	8 a.m.	Registration	
8 a.m.	8:10 a.m.	Welcome and Course Overview	Jeanne Wei, M.D., Ph.D.
Cardiology Moderator: Gohar Azhar, M.D.			
8:15 a.m.	8:45 a.m.	Heart Failure with Preserved Ejection Fraction	Srikanth Vallurupalli, M.D.
8:50 a.m.	9:20 a.m.	Coronary Artery Disease (CAD)	Subhi J. Al'Aref, M.D.
9:25 a.m.	9:55 a.m.	Syncope	Jeanne Wei, M.D., Ph.D.
10 a.m.	10:15 a.m.	BREAK	
10:20 a.m.	10:50 a.m.	Devices/Pacemakers	Mangaraju "Raj" Chakka, M.D.
Pulmonary Moderator: Gohar Azhar, M.D.			
10:55 a.m.	11:25 a.m.	Pulmonary HTN	Larry G. Johnson, M.D.
11:30 a.m.	Noon	Pulmonary Fibrosis	Manish Joshi, M.D.
12:05 p.m.	12:50 p.m.	LUNCH Board Review	Deanna Cochran, M.D.
Infectious Diseases Moderator: Deanna Cochran, M.D.			
12:55 p.m.	1:25 p.m.	Bacterial Pneumonia and Empyema Clinical Updates	Rebekah Thompson, M.D.
1:30 p.m.	2 p.m.	RSV, Influenza, and Other Illnesses	Cassandra Lautredou, M.D., M.P.H.
Cancer Moderator: Deanna Cochran, M.D.			
2:05 p.m.	2:35 p.m.	Post-Menopausal Bleeding and Endometrial Cancer	Alexander Burnett, M.D.
2:40 p.m.	2:55 p.m.	BREAK	
3 p.m.	3:30 p.m.	Gastric and Esophageal Cancer	Sumant Inamdar, M.D.
3:35 p.m.	4:05 p.m.	Prostate Cancer Screening, Diagnosis, Treatment of Localized and Metastatic Prostate Cancer	Anuradha Kunthur, M.D.
4:10 p.m.	4:40 p.m.	Multiple Myeloma and More	Sharmilan Thanendrarajan, M.D., Ph.D.
4:45 p.m.	4:55 p.m.	Wrap-Up and Evaluation	Gohar Azhar, M.D.

AGENDA

FRIDAY, OCTOBER 2, 2026

Start Time	End Time	Presentation	Presenter(s)
7:45 a.m.	8 a.m.	Registration	
8 a.m.	8:10 a.m.	Welcome and Course Overview	Jeanne Wei, M.D., Ph.D.
		Endocrine Moderator: Priya Mendiratta, M.D.	
8:15 a.m.	8:45 a.m.	Osteoporosis	Robert Weinstein, M.D.
8:50 a.m.	9:20 a.m.	Diabetes Management	Don Bodenner, M.D., Ph.D.
9:25 a.m.	9:55 a.m.	Prescribing Cascades	Lisa Hutchison, Pharm.D., M.P.H.
10 a.m.	10:15 a.m.	BREAK	
10:20 a.m.	10:50 a.m.	Hearing Loss in Older Adults: Impact on Cognition, Quality of Life and Management	Susan D. Emmett, M.D., M.P.H.
10:55 a.m.	11:25 a.m.	A Chaplain's Perspective on Walking with the Grieving	Susan McDougal, M.S., BCCC
		Kidneys and Urology Moderator: Lisa Hutchison, Pharm.D., M.P.H.	
11:30 a.m.	Noon	Chronic Kidney Disease for Primary Care - 10 Steps	Manisha Singh, M.D.
12:05 p.m.	12:50 p.m.	LUNCH Poster Review	
12:55 p.m.	1:25 p.m.	Erectile Dysfunction (ED)	Brian Langford, M.D.
1:30 p.m.	2 p.m.	Prostate Cancer in 2026: Early Detection, and Emerging Therapies	Marcelo Bigarella, M.D.
		Neurocognitive Impairment Moderator: Lisa Hutchison, Pharm.D., M.P.H.	
2:05 p.m.	2:35 p.m.	The Essentials of Amino Acids and Proteins via (Zoom)	Robert Wolfe, Ph.D.
2:40 p.m.	3:10 p.m.	Diagnosis and Management of Alzheimer's Disease	Gohar Azhar, M.D.
3:15 p.m.	3:30 p.m.	BREAK	
3:35 p.m.	4:05 p.m.	FDG PET, Amyloid PET, and DaTscans in the Diagnostic Workup of Dementia	Joshua Eichhorn, M.D., Ph.D
4:10 p.m.	4:40 p.m.	Swallowing Issues	Ozlem Tulunay Ugur, M.D.
4:45 p.m.	4:55 p.m.	Wrap-Up and Evaluation Meet the Faculty w/heavy hors d'oeuvres	Gohar Azhar, M.D.

AGENDA

SATURDAY, OCTOBER 3, 2026

Start Time	End Time	Presentation	Presenter(s)
8:30 a.m.	8:45 a.m.	Registration	
8:45 a.m.	8:55 a.m.	Welcome and Course Overview	Jeanne Wei, M.D., Ph.D.
Caring for the Caregiver Moderator: Elizabeth Eoff, M.D.			
9 a.m.	9:30 a.m.	Memory Loss Prevention and Early Detection	Elizabeth Eoff, M.D.
9:35 a.m.	10:05 a.m.	Memory Loss and the Family {ZOOM}	Brandi Schneider, L.M.S.W.
10:10 a.m.	10:25 a.m.	BREAK	
10:30 a.m.	11 a.m.	PANEL: Q & A on Memory and Caregiving	Debbie Brady, L.C.S.W./Susie Whittington
11:05 a.m.	11:35 a.m.	New Treatments for Depression in Older Adults	Lou Ann Eads, M.D.
11:40 a.m.	12:25 p.m.	LUNCH Poster Review	
12:30 p.m.	1 p.m.	Resources for Caregivers and Those Living with Dementia	David Cook, Alzheimer's Association Arkansas Chapter
Essentials for Those Living with Neurocognitive Disorders Moderator: Debbie Brady, L.C.S.W.			
1:05 p.m.	1:35 p.m.	Getting Your Affairs in Order: Legal and Financial Planning	Rebecca Winburn, Winburn, Wilson, Schrader & Shram, PLLC
1:40 p.m.	2:10 p.m.	Falls in Older Adults with Cognitive Impairment	Paige Beck, M.D., Ph.D.
2:15 p.m.	2:45 p.m.	Exercise Art Therapy	Kerry Jordan, Ph.D., RN, CNS, CNL-BC
2:50 p.m.	3 p.m.	Wrap-Up and Evaluation	Jeanne Wei, M.D., Ph.D.

SPEAKERS



Jeanne Y. Wei, M.D., Ph.D.

Professor of Geriatrics
Chair of the Department of Geriatrics
Jackson T. Stephens Distinguished Chair in Geriatric Medicine
Director of the Lyons Cardiovascular Aging Research Program
Executive Director of the Reynolds Institute on Aging at
University of Arkansas for Medical Sciences



Srikanth Vallurupalli, M.D.

Associate Professor and Division Chief
Internal Med Cardiology
University of Arkansas for Medical Sciences



Subhi J., Al'Aref, M.D.

Associate Professor
Internal Med Cardiology
University of Arkansas for Medical Sciences



Gohar Azhar, M.D.

Professor Geriatrics
Jackson T. Stephens Distinguished Chair of Clinical Affairs
Director of Clinical Aging Research
Director of Walker Memory Research Center
Co-Director of Cardiovascular Aging Research
University of Arkansas for Medical Sciences



Mangaraju Chakka, M.D.

Director of Interventional Electrophysiology
Arkansas Heart Hospital

SPEAKERS



Larry G. Johnson, M.D.

Professor of Medicine and Director
Division of Pulmonary and Critical Care Medicine
University of Arkansas for Medical Sciences



Manish Joshi, M.D.

Professor
Pulmonary and Critical Care Division, UAMS
Staff Pulmonologist, CAVHS



Deanna Cochran, M.D.

Assistant Professor
Internal Medicine and Geriatrics
Walker Memory Research Center, Thomas and Lyon Longevity
Clinic Department of Geriatrics
Donald W. Reynolds Institute on Aging
University of Arkansas for Medical Sciences



Rebekah Thompson, M.D.

Assistant Professor
Internal Med Infectious Disease
University of Arkansas for Medical Sciences



Cassandra Lautredou, M.D., M.P.H.

Medical Director, Outbreak Prevention and Response Branch
Arkansas Department of Health
Little Rock, Arkansas

SPEAKERS



Alexander F. Burnett, M.D.

Professor
OB & GYN Gynecologic Oncology
University of Arkansas for Medical Sciences



Sumant Inamdar, M.D.

Associate Professor
Department of Internal Medicine
Division of Gastroenterology and Hepatology
University of Arkansas for Medical Sciences



Anuradha Kunthur, M.D.

Associate Professor
Internal Med Hem-Oncology
Winthrop P. Rockefeller Cancer Institute
University of Arkansas for Medical Sciences



Sharmilan Thanendrarajan, M.D., Ph.D.

Associate Professor
Division of Hematology and Oncology - Myeloma Center
Winthrop P. Rockefeller Cancer Institute
University of Arkansas for Medical Sciences



Priya Mendiratta, M.D., M.P.H., A.G.S.F.

Professor, Department of Geriatrics
Alexa and William T. Dillard Distinguished Chair in Geriatrics
University of Arkansas for Medical Sciences

SPEAKERS



Robert Weinstein, M.D.

Professor,
Internal Medicine, Endocrinology
University of Arkansas for Medical Sciences



Donald Bodenner, M.D., Ph.D.

Professor, Department of Geriatrics,
Thomas and Lyon Longevity Clinic
Director, Thyroid Center, and Chief of Endocrine Oncology
University of Arkansas for Medical Sciences



Robert Wolfe, Ph.D.

Professor
Chief of Centers for Translational Research in Aging &
Longevity (CTRAL)
Department of Geriatrics
University of Arkansas for Medical Sciences



Susan D. Emmett, M.D.

Professor
Thomas McGill Chair in Otolaryngology
Founder and Director of the Global HEAR (Hearing Loss
Evaluation, Advocacy and Research) Collaborative
Department of Otolaryngology-Head and Neck Surgery
University of Arkansas for Medical Sciences



Susan McDougal, M.S., BCCC

Director of Pastoral Care and Clinical Pastoral Education
University of Arkansas for Medical Sciences

SPEAKERS



Lisa Hutchison, Pharm.D., M.P.H.

Professor and Vice Chair, Dept of Pharmacy Practice
UAMS College of Pharmacy
Professor, Dept of Geriatrics
University of Arkansas for Medical Sciences



Manisha Singh, M.D.

Professor
Department of Internal Medicine
Division of Nephrology
University of Arkansas for Medical Sciences



Brian Langford, M.D.

Assistant Professor
Director of Male Reconstruction
Department of Urology
University of Arkansas for Medical Sciences



Marcelo Bigarella, M.D.

Assistant Professor
Division of Urology - UAMS COM
UAMS Winthrop P. Rockefeller Cancer Institute
University of Arkansas for Medical Sciences



Joshua Eichhorn, M.D., Ph.D.

Associate Professor in Diagnostic Radiology
Vice Chair of Faculty Affairs and Faculty Development
Division Chief of Nuclear Medicine
University of Arkansas for Medical Sciences

SPEAKERS



Ozlem Tulunay Ugur, M.D.

Professor
Department of Otolaryngology
Head and Neck Surgery
Jackson T. Stephens Spine and Neuroscience Institute
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Elizabeth Eoff, M.D.

Assistant Professor
Walker Memory Research Center, Thomas and Lyon Longevity
Clinic Department of Geriatrics
Donald W. Reynolds Institute on Aging
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Brandi Schneider, L.M.S.W.

Director of Aging Services and Administration
Northwest Arkansas Schmieding Center
University of Arkansas for Medical Sciences



Debbie Brady, L.C.S.W.

Social Worker
Donald W. Reynolds Institute on Aging
University of Arkansas for Medical Sciences



Susie Whittington

Retired Professional: Panelist for Q&A on Memory and
Caregiving

SPEAKERS



Lou Ann Eads, M.D.

Professor
Program Director for Geriatric Psychiatry
University of Arkansas for Medical Sciences



David Cook

Director of Public Policy and Governmental Affairs
Arkansas Chapter of the Alzheimer's Association
Little Rock, Arkansas



Rebecca Winburn, J.D.

Attorney, Elder Law
Co-Founded Winburn, Case, Schrader & Shram, PLLC
Little Rock, Arkansas



Paige Beck, M.D., Ph.D.

Assistant Professor
Departments of Family and Preventive Medicine and
Geriatrics
Medical Director for the UAMS House Calls & Thomas and
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University of Arkansas for Medical Sciences



Kerry Jordan, Ph.D., RN, CNS, CNL-BC

Associate Professor
University of Central Arkansas School of Nursing
Conway, Arkansas

ACCREDITATIONS

In support of improving patient care, University of Arkansas for Medical Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the health care team.



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